

## **train the trainer training - 2 days**

This Train the Trainer course is designed to improve your training techniques and increase your confidence when delivering training courses. See our [train the trainer course review in the Times](#).

### **Train the Trainer Course Objectives:-**

A comprehensive train the trainer course for trainers. This train the trainer course will enable you to successfully deliver training courses to the highest standard.

### **Train the Trainer Course Content**

Having completed this train the trainer training course, participants will be able to:

- Promote learner participation and involvement by using effective questioning techniques in a training session
- Evaluate personal training strengths and areas to work on
- Define the factors that promote learning
- Apply the concepts of NLP and Accelerated Learning in training
- Understand the difference between training and presenting information
- Use recognized success measures to assess effective learning
- Define effective feedback

### **Train the Trainer Course Content:**

- Introductions and objectives
  - Training session and feedback to identify strengths and areas to work on
  - What is effective feedback?
  - Understanding learning – how do adults learn?
  - Training versus presenting
  - Trainer techniques to promote learning – Questioning, NLP, Accelerated
  - Practice trainer techniques in a training session
- ❖ Planning ahead

### **Train the Trainer Training Course Prerequisites:-**

- Delegates on this train the trainer training course are asked to prepare and bring a 5 minute training session to the first day of the Train the Trainer course. The session topic can be any topic of your choosing (e.g. 'How to Tie a Shoelace!'). This session is an important part of the train the trainer course as it gives you something personal to work with during the two days, and everyone will be asked to present their session to the rest of the group.