

# Science of Happy Living<sup>®</sup>

*Beyond all sciences of human potential development*

**Empower yourself NOW...**...receive your formula to harness your higher power

**A three days residential workshop retreat to empower your mind, body and soul and transform your life.**



**DR. ASHWANIKUMAR**

**Mind  
Masters**  
india

*Ashwani is a model of possibilities I salute him for his excellence*

\_\_\_ ANTHONY ROBBINS

*Ashwanikumar is india's foremost authority on mind training*

\_\_\_ TIMES OF INDIA



# TRANSFORM YOUR LIFE WITH THE SCIENCE OF TRANSFORMATION

## DAY 1

ON THE FIRST DAY YOU CAN EXPECT TO UNDERSTAND:

How energy forces affects you and the universe .  
The laws of nature and how it affects you.  
The secret of ancient wisdom and sciences like  
(vastushashtra,astrology,yoga,etc.).  
How to utilize them in it's best manner for your success  
and well-being.  
How your perception shapes your action's and your ultimate  
destiny. and much more.....

## DAY 2

ON THE SECOND DAY YOU CAN LEARN AND MASTER:

How PNRP works and why it is beyond all sciences of human potential  
development.  
How to communicate with the self and with other's.  
How to communicate with the universe at energy level.  
How to tune our mind and body with the nature.  
How the way we breathe affects our mind and body.  
Know the scientific breathing techniques.  
and much more.....

## DAY 3

ON THE THIRD DAY YOU MIGHT BE SURPRISED! TO  
DISCOVER:

Find your life's mission  
Make strategies for your life  
Learn how to defend yourself and others from negative energies  
Get rid of pains and problems that you carry from your past-life  
Change your behaviour patterns.  
Change your fears into powers, weakness into strength  
Connect and communicate with divine entity.and much more.....

# YOU CAN AFFORD TO LEARN THESE AMAZING TECHNIQUES

- 1.SCEINTIFIC RATIO BREATHING
- 2.CONFIDENCE BOOSTER
- 3.SKILL MASTERY TECHNIQUE
- 4.PSYCHICH DEFENSE
- 5.MEETING DIVINE ENTITY
- 6.HOW TO RESOLVE DISPUTES IN YOUR FAVOUR
- 7.ELIMINATING YOUR NEGATIVE FEELINGS
- 8.ELIMINATING YOUR NEGATIVE BEHAVIOUR
- 9.AUTONOMIC MUSCLE CONTROL(*VERY IMPORTANT FOR HEART PATIENTS*)
- 10.BODY TEMPERATURE CONTROL
- 11.EXPERIENCING ANOTHER PERSONS SENSES
- 12.CONCIOUS AWARENESS IMPROVEMENT
- 13.PSYCHICH HEALING
- 14.PSYCHICH PROTECTION
- 15.BALANCING ENERGY
- 16.MIND AND BODY SYNCHRONIZATION
- 17.ENERGY BALL TECHNIQUE
- 18.MIND MAPPING
- 19.EYESIGHT IMPROVEMENT TECHNIQUE
- 20.PSYCHICH SCANNING

# OPINIONS OF MEDIA

- ▶ He moulds mind for positive the results.  
\_Tribune (16/12/04)
- ▶ Ashwanikumar is india's foremost authority in mind training.  
\_ Times of india
- ▶ If it is fear,lack of confidence,phobia then Ashwanikumar can really help you. \_ Hindustan times.(18/12/04)
- ▶ Ashwanikumar's workshop brings 360\* transformation in a persons life. \_ Divya bhaskar

# OPINIONS OF NOTED PERSONALITIES

Ashwani has profound knowledge of mind and his workshop is a complete solution for transforming one's life

- MR. CHARANJEET SINGH  
(PRESIDENT,CMA)

His personality and way of explaining in the simplest possible manner and thoroughness in the subject is par excellence and beyond comparison.

-MR.DIPESH SETH  
(DIR.creative infocity Ltd.)

Knowledge and training imparted by prof.Ashwani is of great value to all who want to change life.

- DR.SHAILJA PANT  
(PRINCIPAL.dolphin inst. of paramedical science)